

## Our Goal

Our goal is to remove barriers to recovery and wellness, building on inherent personal strengths and natural supports in the surrounding community.

## Who Will Benefit?

Individuals aged 18 and over who are experiencing mental health problems and are found to have a primary psychiatric diagnosis.

## Staffing

A multi-disciplinary staffing pattern promotes a holistic approach to treatment.

## Confidentiality

All personal information about recipients is considered privileged and confidential.

## Referrals

For referrals to Lakeside, please call:

Central Intake  
(716) 816-2218  
Monday-Friday  
8 a.m.-4:30 p.m.

An appointment will be made for an interview to evaluate the need for services. If admission is not indicated, further referral assistance will be provided to link the individual with other community resources. Rapid access (walk-in) appointments are available.

## Our Staff is Experienced and Supportive!

Lakeside RTC  
355 Central Avenue  
Fredonia, NY 14063  
(716) 672-6117  
(716) 816-2218 Central Intake



Buffalo  
Psychiatric Center

A Facility of the Office of Mental Health

# Lakeside Recovery & Treatment Center

Lakeside RTC is a certified outpatient program of Buffalo Psychiatric Center



### Our Vision:

To develop trusting partnerships that support people in their recovery from mental illness and on their journey toward a better quality of life.

# Lakeside promotes partnerships in hope and recovery

## Introduction

Lakeside Recovery and Treatment Center is a clinic service that provides a broad range of mental health services to meet the needs of adults with a diagnosis of mental illness.

We believe that people can and do recover from even the most serious of mental illnesses. We offer a range of services because we believe that recovery requires more than medication.

Our services are designed to foster self-responsibility, resilience, and also give people the opportunity to learn the skills they feel they need to work toward a fulfilling life.

## Treatment Services

- Individual Psychotherapy
- Supportive Counseling
- Medication Management
- Psychiatric Evaluation
- Psychological Testing
- Assistance with referrals to other needed services
- Group Therapy

## Rehabilitation and Recovery Services

- Vocation Counseling
- Health Education

## Location/Hours of Operation

Lakeside RTC is located in Fredonia at 355 Central Avenue, near the D&F Plaza and State University at Fredonia. It is handicap-accessible, has ample parking, and is on public transportation routes.

Lakeside is open from 8 a.m. to 4:30 p.m., Monday through Friday. Rapid access (walk-in) appointments are also available.

## Fees

No one is refused service due to inability to pay.



Treatment makes a difference...

Recovery makes a life!